**Source: Dinner Menu Answer Key**

**Analysis Routine**

1. How many courses are in this meal? Describe one of the courses. Use as many adjectives as you can to express what you think the food was like to eat. An adjective is a word that describes a noun or a pronoun.   
     
   There are two courses. Sample description: The second course was full of sweet flavors. It was also probably very rich because of the crèmes and the tarts. The fresh fruit was a good end to the dinner and cleansed the stomach. The dried fruits and nuts were a nice snack in case someone was still hungry after their meal.
2. Why do you think a guest of the Washingtons, such as Abigail Adams or Amariah Frost, would write a detailed description about what they were served to eat?  
     
   Answers will vary but could include the fact that they were very impressed with the meals that they were served at Mount Vernon and they wanted to share their experiences with others. These types of meals were not common everywhere at the time. Also that George Washington was a celebrity, so they wanted to remember their experience.
3. List the people that you know about who grew, prepared, and served the food to the guests in the Washingtons’ Dining Room.  
     
   Kitty took care of the cows and made the cream.  
   Lucy prepared the ice cream.  
   Frank Lee served the ice cream.   
   Other individuals may be listed as well (they don’t have full bios but are in the source material: Nathan, Sall, etc).

**Menu for Dinner-Summer at Mount Vernon-1797**

**1st course**

Small Roasted Pig

Boiled Leg of Lamb

Roasted Fowles (bird)

Beef

Peas

Lettuce

Cucumbers

Artichokes

Bread

**2nd course**

Crèmes

Tarts

Iced Creams

Fresh plums and pears

Dried fruits and nuts

*Menu based, in part, from a diary entry by Mount Vernon guest Amariah Frost who visited on June 16, 1797.[[1]](#footnote-1)*

1. Amariah Frost, diary entry for 6/26/1797 (typescript, Mount Vernon Ladies’ Association, black research notebook entitled “Early Descriptions Ante 1800”). [↑](#footnote-ref-1)